

$Lunch\ buffet\ {^*}_{\text{priced per person}}$

Includes freshly brewed Starbucks coffee and teas

* Add lobster rolls to any buffet menu \$12 per person (based on a half roll per person)

+	SANDWICHES Minimum 10 people	+	PIZZA PARTY Minimum 25 people
+	 Grilled chicken Caesar with crisp romaine and shaved asiago cheese Roast beef with arugula, provolone cheese and black olive sun-dried tomato spread Grilled vegetables with feta, haloumi and smoked hummus Greek salad Assorted cookies and squares 	+	POKE BOWLS LUNCH Minimum 20 people \$38 Tuna bowl - Soba noodles, fresh shredded vegetables & sesame lime soy splash
			Chicken bowl - Seared seasoned chicken breast with brown rice, edamame, carrot and lettuce shred with hoisin
			Veggie bowl - Tofu, quinoa, mixed shredded veggies, edamame, sweet sesame soy
			Cream Puff Duo – Matcha mousse and chocolate & salted caramel
•	BOARDROOM Minimum 20 people	+	BUILD YOUR OWN ANTIOXIDANT BOWL \$40 Minimum 20 people Brown rice, soba noodles, baby kale, and spinach mix
	 Grilled chicken, bacon, lettuce, tomato with honey mustard mayo on a Euro sub bun Smoked salmon, pickled onions, arugula and caper cream cheese on rye bread Seared tofu marinated with cilantro & lime, caprese guacamole, grilled vegetables on Focaccia Green salad with garden vegetables Caesar salad Selection of brownies, cookies and squares 		Chilled lemon orange sustainable blue Atlantic salmon medallions, seasoned and grilled chicken breast, seared sesame tuna, sun-dried tomato pesto marinated chickpeas
			Julienned carrots, pea shoots, edamame, shredded red cabbage, blueberries, avocado
			Black sesame seeds, toasted pumpkin seeds, and crumbled goat cheese
			Chocolate avocado mousse cups with maple syrup and berries
			Raspberry acai coconut chia cups







- -	ITALIAN Minimum 25\$36
	Caprese salad
	Asiago garlic bread
	Chicken parmesan (gf)
	Tuscan pizza with sundried tomato, artichoke,
	olive, bocconcini, basil and mozzarella
	(cauliflower crust is an option) Limoncello lemon cookie sandwiches (gf)
	& nutella espresso pudding (gf)
	a nateria espresso padaring (gr)
- -	EAST COAST Minimum 25 people\$49
	*Seafood Chowder add \$4 person
	Garlic dinner rolls
	Baby potato salad
	Mixed greens salad with maple vinaigrette
	Applewood spice roasted sustainable blue salmon
	with dill caper sauce
	Atlantic beef striploin with garlic butter demi
	Seafood casserole
	Hodge podge
	Donut wall, local maple sugar tarts, Oxford blueberry crisp
- -	MEDITERRANEAN Minimum 25 people \$49
	Tabouleh
	Greek Salad
	Hummus & Pita
	Kofta
	Chicken souvlaki
	Roasted vegetables and halloumi
	Saffron rice
	Assorted macarons
	Hareesh - semolina & orange blossom cake
- -	HARVEST
	VEGETARIAN BUFFET Minimum 25 people \$43

Tomatoes, hard-boiled eggs & Niçoise olives salad Grilled vegetable pasta salad Cauliflower & Haloumi Puttanesca Eggplant Parmesan with basil, tomato and Asiago cheese velouté Paella Verde – saffron rice with green vegetables Mini flourless chocolate torte with cream and raspberries Lemon curd and blueberry parfait cups

All prices are subject to a customary 19% taxable service charge and 14% $\,$ applicable HST. Prices are subject to change. All prices are guaranteed 90 days prior to the function.

$Plated\ lunch \quad *\ {\tt Minimum\ 25\ people\ /\ Priced\ per\ person}$

Includes assorted rolls with butter, choice of one starter or soup, one entree and one dessert, with chef's selection of potato or rice and seasonal vegetables, and freshly brewed Starbucks coffee and teas

Starter

- CAESAR SALAD Crisp romaine, grana padano shards, focaccia croutons, bacon bits with dressing
- SMOKED SALMON Rye crostini, avocado crème fraiche, pickled red onion, fried capers
- FIELD GREENS Grape tomato and English cucumber with white balsamic vinaigrette
- GREEK SALAD Olives, tomato, onion, mix peppers, cucumber and feta cheese with red wine vinaigrette
- BRUSCHETTA Brioche crostini with burrata, pancetta, sun-dried tomato pesto and aged balsamic

Soup

- Roasted butternut squash
- Tomato and roasted red pepper
- Wild mushroom bisque
- Seafood Chowder * Add \$4 person

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Entrées

Pan seared breast of chicken stuffed..... \$41 with gouda cheese, mushroom and spinach with port wine jus Herb crusted sustainable blue \$41 salmon with tomato chutney Grilled New York striploin steak with \$44 Madagascar peppercorn seasoned mushroom bourbon sauce Peppercorn sirloin with brie and red wine . . . \$42 reduction Roasted herb chicken supreme with \$42 red wine demi Pan fried herb flour dusted haddock with . . . \$40 lemon butter and creamed peas Grilled eggplant filled with balsamic glazed rain forest mushrooms and topped with vegan cheese (vegan/ gluten free)

Stuffed with tofu, ricotta and spinach with sun-dried

tomato pesto mushroom velouté



Desserts

- Double chocolate tart, butterscotch ganache with berries
- Chocolate truffle cake with amaretto tuile & salted caramel
- Vanilla bean cheesecake with raspberry chambord, fresh strawberries & white chocolate curls
- Blueberry lavender grunt with whipped white chocolate cream
- Lamington chocolate and coconut covered sponge cake layered with strawberry compote
- Vegan double chocolate cake, raspberry coulis, fresh berries & shaved dark chocolate (vegan/gluten free)

Children's menu \$25 per person

Includes crudité with ranch dip, and brownie with whipped cream

- Chicken fingers and fries
- Grilled cheese and fries
- Personal pepperoni pizza
- Hac and cheese
- Cheese burger and fries
- → Veggie chicken fingers and fries

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