



Morning



Breakfast buffet * Priced per person

Includes Starbucks freshly brewed coffee and teas / Add orange or cranberry juice \$5 per person

- | | |
|---|---|
| <p>✦ Continental \$27 Seasonal sliced fruit, assorted individual yogurt, assorted house baked pastries including danishes, muffins and croissants</p> | <p>✦ Morning Indulgence Minimum 25 people \$34 Assorted muffins, cheese croissants, bacon cheddar egg bites, spinach broccoli & goat cheese egg bites, grilled tomatoes, sliced fruit and choice of pulled chicken or pork hash</p> |
| <p>✦ Fresh Start Minimum 25 people \$30 Individual yogurt and berries with granola, assorted pastries and mini blueberry loaves, sliced fruit, grilled sour dough bread, smashed avocado and chilled hard-boiled eggs</p> | <p>✦ Hotel classic Minimum 25 people \$35 Assorted pastries including danishes, muffins, and croissants, scrambled egg, maple bacon and breakfast sausage, hash browns and sliced fresh fruit</p> |
| <p>✦ Nova Scotian Minimum 25 people \$36 Maritime fishcakes with molasses baked beans, chow, brown bread, potato hash with chopped bacon and sausage</p> | <p>✦ Pancake breakfast Minimum 25 people. \$32 Buttermilk pancakes with berry compote, chantilly cream, bacon and mixed berry cups</p> |
| <p>✦ Canadian Minimum 25 people \$39 Farm fresh scrambled eggs, aged cheddar, hash browns, bacon strips, baked beans, buttermilk waffles with berry compote and whipped cream, maple apple crumble muffins and sliced fruit</p> | <p>✦ Build your own breakfast sandwich Min. 25 people \$30 Fried egg, cheddar cheese, choice of bacon or sausage patty on an english muffin or bacon cheddar croissant. Served with potato wedges and whole fresh fruit.</p> |

All prices are subject to a customary 19% taxable service charge and 15% applicable HST. Prices are subject to change.
All prices are guaranteed 90 days prior to the function.

Wake ups

- ✦ Individual yogurt **\$5.50 each**
Assorted and lactose free
- ✦ Build your own granola yogurt parfait **\$10.50 each**
Homemade granola, vanilla yogurt, berry compote and fresh strawberries
- ✦ Individual Overnight Oat Cups **\$12 each**
Chilled oats with berries, peanut butter, chia seeds, pumpkin seeds and maple syrup
- ✦ Whole fresh fruit. **\$3.50 each**
Bananas, apples, plums or pears
- ✦ Fruit cup **\$10.75 each**
Fresh cut seasonal fruit in individual cups
- ✦ Cereal boxes **\$5.75 a person**
Assorted individual cereals and 2% milk
- ✦ Chilled hard-boiled eggs. **\$22 a dozen**

All prices are subject to a customary 19% taxable service charge and 15% applicable HST. Prices are subject to change. All prices are guaranteed 90 days prior to the function.

Baked best

- ✦ Assorted homemade muffins **\$39 a dozen**
- ✦ Gluten free muffins **\$52 a dozen**
Chocolate or blueberry
- ✦ Assorted Danishes **\$51 a dozen**
- ✦ Mini cinnamon rolls **\$36 a dozen**
Cream cheese glazed
- ✦ Croissants **\$46 a dozen**
Traditional butter and chocolate hazelnut drizzle
- ✦ Milk chocolate home baked danish . . **\$48 a dozen**
- ✦ Artisanal spinach & feta pastries . . . **\$69 a dozen**
- ✦ Crookies **\$52 a dozen**
Traditional butter croissant baked with a chocolate chip cookie center
- ✦ Homemade hand pies **\$59 a dozen**
Apple cinnamon and blueberry cream cheese
- ✦ Assorted mini danishes **\$35 a dozen**
- ✦ Mini sweet loaves **\$49 a dozen**
Lemon poppyseed, blueberry lavender, and banana chocolate chip
- ✦ Homemade Almond Blueberry Tartlets. **\$56 a dozen**
- ✦ Scones **\$49 a dozen**
Fresh homemade scones with assorted jams and butter
- ✦ Bagels **\$43 a dozen**
Assorted flavours with cream cheese
- ✦ Cookies **\$39 a dozen**
House baked assortment
- ✦ Gluten free brownie. **\$6 each**
Individually packed





Break Time

- ✦ **Health full \$17 per person**
House made energy bites, individual yogurt, pumpkin protein power cookies and seasonal whole fruit
- ✦ **Sweet stuff \$17 per person**
Assorted cookies, rocky road bars and gluten free brownies
- ✦ **Donuts \$51 a dozen**
Cinnamon sugar twists, apple fritters and boston creams
- ✦ **Individual veggies and dip \$6 per person**
- ✦ **Energy bites \$53 a dozen**
- ✦ **Homemade chocolate dipped granola bars \$43 a dozen**
- ✦ **Mixed berry crumble bars \$41 a dozen**
- ✦ **Rocky road bars. \$45 a dozen**
- ✦ **Pumpkin protein power cookies . . . \$62 a dozen**
- ✦ **Raspberry vanilla coconut bar \$45 a dozen**
- ✦ **Hummus dip \$6 per person**
With choice of vegetables or pita
- ✦ **Dried fruit cups \$10 per person**
Assortment of dried apples, cherries, dates, blueberries and apricots

Grab and Go, Individually Packaged

- ✦ Oat and honey bars **\$3 each**
- ✦ RX blueberry protein bar. **\$7 each**
- ✦ Special K dark chocolate
almond granola bars **\$3 each**
- ✦ Made with local
peanut butter blondie bar **\$5 each**
- ✦ Pringles Original Small Can.. **\$4 each**
- ✦ Pringles Sour Cream
& Onion Small Can **\$4 each**
- ✦ Doritos Nacho Cheese 70gr **\$4 each**
- ✦ Smartfood White
Cheddar Popcorn 45gr **\$4 each**
- ✦ Miss Vickies Sea Salt
and Malt Vinegar Potato Chips 30gr **\$3 each**
- ✦ Summer Fresh Dill Pickle
Hummus and Crackers **\$7 each**
- ✦ Salted and Candied Bagged Nuts . . . **\$8.50 each**

Beverages

- ✦ Perrier & flavoured water **\$5.25 each**
- ✦ San Pellegrino 275ml. **\$5.75 each**
- ✦ San Pellegrino or Evian 750ml **\$10.50 each**
- ✦ Bottled water **\$4.75 each**
- ✦ Assorted fruit juice. **\$5.25 each**
- ✦ Premium fruit & vegetable juices **\$6.50 each**
- ✦ Assorted soft drinks **\$4.75 each**
- ✦ Carton of milk 250ml. **\$5.95 each**
- ✦ Hot chocolate **\$4.95 each**
- ✦ Starbucks coffee **\$4.95 each**
- ✦ Assorted teas **\$4.95 each**

All prices are subject to a customary 19% taxable service charge and 15% applicable HST. Prices are subject to change. All prices are guaranteed 90 days prior to the function.

