

# THE ARMS

at The Lord Nelson Hotel

## BRUNCH MENU WINTER 2024

All Brunch Mains include a complimentary 1oz Caesar or Mimosa

### ❖ BREAD & BUTTER 5

*Grilled Artisanal Bread w/ Whipped Brown Butter & Molasses*

### SEAFOOD CHOWDER 21

*Butter Poached Lobster, Atlantic Salmon, Digby Scallops & Shrimp, Golden Potato, Cream Broth, Old Bay, Grilled Sourdough*

### ❖ ROASTED TOMATO SOUP 13

*Smoked Gouda & Petite Brie Grilled Cheese*

### GRILLED CAESAR SALAD 18

*Grilled Romaine Hearts, Smoked Bacon Lardons, Aged Local Asiago,  
Fried Focaccia, Burnt Lemon*

### ❖ Df ❖ AVOCADO TOAST 17

*Thick Cut Rye Toast, Smashed Avocado, Poached Eggs, Pico de Gallo, Chimichurri Rojo, Scallions, Cilantro, Fresh Fruit*

### Gf Df VEGAN PLUM SALAD 16

*Black Plum, Tuscan Greens, Pickled Squash, Radish, Apple & Sweet Onion Vinaigrette, Maple Pistachios*

### ARMS NACHOS 22

*Melted Cheese Blend, In-House Pickled Banana Peppers  
Salsa & Sour Cream*

## MAINS

### ENGLISH STYLE FISH & CHIPS 22

*Beer Battered Crispy Atlantic Cod, Burnt Lemon, House-Made Tartar Sauce*

### ROASTED SQUASH & SAUSAGE FLATBREAD 19

*Roasted Squash, Italian Sausage, Garlic Ricotta, Arugula, Rosemary Honey*

### EGGS BENEDICT 22

*Poached Eggs, Toasted English Muffin, Hollandaise, Peameal Bacon, Potato Wedges*

### SMOKED SALMON EGGS BENEDICT 24

*Locally smoked Atlantic Salmon, Soft Poached eggs with Hollandaise, Potato Wedges*

### ❖ VEGGIE BENNY 21

*Sautéed Kale, Charred Bell Pepper, Scallions, Poached Eggs, Toasted English Muffin, Hollandaise, Potato Wedges*

### Df THE ARMS CLASSIC BREAKFAST 17

*Choice of Sausage or Bacon, Two Eggs Any Style, Potato Wedges, Toast & Fruit Garnish*

### PHILLY CHEESE BEEF DIP 22

*Slow-Cooked Pulled Brisket, Toasted Hoagie Bun, Fried Peppers  
Caramelized Onions, Provolone, Red Eye Demi*

### BREAKFAST BURGER 21

*4oz Beef Patty, Over Easy Egg, Smashed Avocado, Bacon, Tuscan Greens, Tomato, Potato Wedges*

### Gf Df BREAKFAST SKILLET 19

*Choice of Eggs, Smoked Bacon Lardons, Acorn Squash, Kale, Green Onion, Red Pepper, Sweet Potato*

### LOBSTER ROLL 31

*Garlic Butter Toasted Potato Bun, Classic Lobster & Mayo, Red Cabbage Slaw*

## BRUNCH BEVERAGES

### MIMOSA 9

*Cava and Orange Juice*

### CAESAR 14

*2oz vodka or gin, mixed classically*

### CAPPUCCINO / LATTE 5.5

### ESPRESSO 4.5

### DRIP COFFEE - STARBUCKS MEDIUM ROAST 3.5